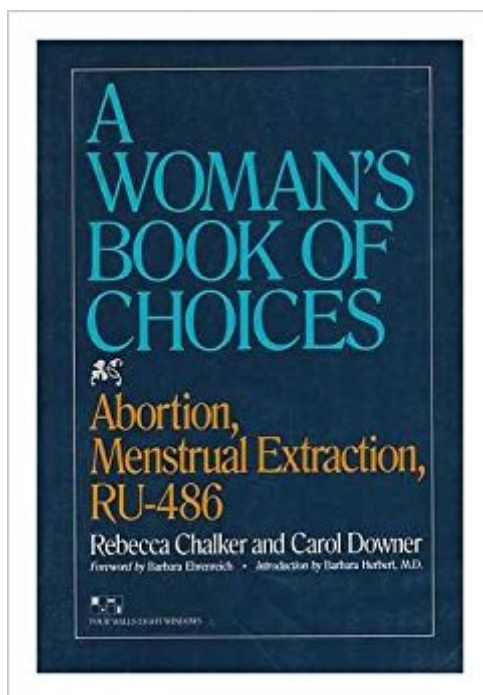


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# A Woman's Book Of Choices



## Synopsis

The first complete guide for women planning an abortion or thinking of having one. Public controversy, the advocacy of personal freedoms, and the timeliness of its publication should make *A Woman's Book of Choices* one of the more talked about books of 1992. Includes information on menstrual extraction and other home healthcare techniques. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

Authors Chalker ( *The Complete Cervical Cap Guide* ) and Downer (charged in 1972 for practicing medicine without a license after applying a yogurt antidote to a yeast infection) may have written the ultimate guerilla guide to reproductive choices. In an era when a woman's access to health care is determined increasingly, and arbitrarily, by age, race, health insurance, socio-economic status and geography--as of 1990, 82% of the counties in the U.S. did not have an abortion provider--this book helps to even the odds. It tells you how to find and evaluate an abortion clinic, where to go for low- or no-interest loans to finance an abortion and what a woman's options for ending a pregnancy were before 1973. Personal accounts of doctors and women here depict some harrowing pre- *Roe* experiences and some inspiring grassroots initiatives, such as the group of University of Chicago students who launched a clandestine abortion referral service in a dorm room in 1964. In the final chapters of the book, Chalker and Downer look to the future of RU-486, the controversial abortifacient, and cover a selection of dangerous folk remedies that don't work, as well as some

herbs and remedies that do, according to the authors. Copyright 1992 Reed Business Information, Inc.

REBECCA CHALKER is the author of *The Clitoral Truth: The Secret World At Your Fingertips* and *A Woman's Book of Choices*. She teaches Women's and Gender Studies at Pace University in New York City where she teaches a course on the cultural history of sexuality. --This text refers to an alternate Paperback edition.

It's good so far (although I haven't finished it) and it's nice to have information on things that are not taught in mainstream medicine or healthcare. As a midwife, I value this information!

this book is absolutely wonderful, and i am so glad to have added it to my library. its incredibly educational, and really no woman should live without it. i highly recommend it, especially if you are a woman seeking advice concerning menstruation, pregnancy and the like. this book will certainly be a life long reference for me, especially seeing how our reproductive rights as women are continuously put on the stand. this book gives me hope, and lets me know that there are in fact options outside of a coathanger, and the legal process, that are safe and effective.

Every woman should own or have access to a copy of this book. This book is chock full of information about the history of abortion and contraceptive practices and what choices female bodied persons have at their disposal for taking control of their reproductive health. Some of the information in this book is now a bit dated, but the majority of it is still very applicable, especially with the continued erosion of reproductive health rights in today's USA. The footnotes are clear and easy to use and the book is informative without being preachy or incredibly dry. I would recommend this book to everyone with even a passing interest in women's reproductive health and rights, which, in my opinion, should really be everyone from their teenage years on regardless of gender.

It took awhile to get here but it was worth the wait. This book is so thorough and remarkably well written.

A particularly timely book at this time.... this book addresses how women dealt with pregnancy in the us, especially when deciding whether to keep a child or not. This book addressed finding an abortion provider, telling the fake clinics, and the history of small groups of women who developed their own

ways to combat legislation and have abortions. The book is perhaps a bit dated, but really gives you an idea about what women went through (still sometimes go through) to gain access to abortion care. Also, although sad at times, also empowering since it emphasizes the good work done by women.

This really needs to be a part of every woman's library. Especially as women's rights are continually stripped away, or laws keep your doctors from just being honest with you. If you are ever stuck in a situation where you cannot get adequate healthcare or options, you will need the knowledge in this book. Women have been using reproductive information at home, and sharing it - for over 4000 years that we know for sure. Probably longer. They have done so no matter if the information was respected or forbidden. No matter if they were called healers or witches. Sooner or later someone in the anti-choice camp will realize that abortion rates increase in places where abortion is illegal. Instead of realizing that this is because anti-abortion advocates are dependant on anti-birth control advocates, they will just blame women that seek at-home alternatives. Instead of making birth control extremely cheap, efficient, and available, they will just try to cut women off from this kind of information. Buy this book now before they make a law to ban it. Pass the information on.

Even though some of the information will now be dated, the book is excellent and I can't recommend strongly enough that every pro-choice (pro-child, pro-family; they are all the same thing) woman own this book. It documents very clearly the history of abortion and abortion laws and techniques. It describes procedures clearly; a must for anyone facing the current misinformation both sides of the abortion fight are often guilty of. It also has invaluable information on menstrual extraction. The book clearly cites tragic instances of women desperate for legal, safe abortion who have killed themselves trying unsafe "folk" methods. It makes clear that we want our daughters to choose between better options in the future, rather than face a frightening return to the past. The book is well-written, well-organized, and does not carry a proselytising flavour in any way. It is very objective in tone, which I appreciate, without being too technical, medical, or dry. It is also clearly footnoted and every source checks out.

If you are interested in women's self-help gynecological care and learning about menstrual extractions then this is a must have book. It is the best book on menstrual extraction available at this time.

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